

Summer Evening Walks around Bedford

MAY

MONDAY 27th May

"Lets enjoy an evening walk"

7-30 Starting from Go Outdoors

Norse road Off Goldington Road. 4 miles (Over 8,000* steps) for your daily target

*Assumes your step is 75% of a metre

JULY

TUESDAY 9th July

"Around the lakes without the tea and cakes"

7-30 Starting from Priory Country Park Visitor Centre. Barkers Lane.

Approx 4 miles between 90 mins and 2 hours (with over 8,000* steps for your daily target)

THURSDAY 11th July

"A mystery walk"

7-00 Starting from The Butterfly Bridge, The Embankment Bedford. Expect the unexpected as its cheer up the lonely day so bring them along. Between 90 minutes and 2 hours.

THURSDAY 18th July

"Lets get more adventurous"

7-00 Starting from Church Lane roundabout (junction of Church Lane, Wentworth drive, Hookhams Lane and Norse Road). Approx 2 hours.

THURSDAY 25th July

"On National refreshment day a refreshing evening walk"

7-00 Starting from Church Lane roundabout (junction of Church Lane, Wentworth drive, Hookhams Lane and Norse Road). 5.5 miles approx. 2.5 hours.

JUNE

FRIDAY 21st June

"Say Farewell to the Longest Day"

8-00pm Join us for a drink and chat in the Pheasant PH at the junction of Avon Drive And Kimbolton Road. Post Code MK41 8YR, Before setting off at 8-30pm to watch the sun go down on the longest day of the year. Approx 2 hours.

AUGUST

THURSDAY 1st August.

7-00 Starting from Playing fields car park on Ashmead Road Woodlands Estate (off Tyne Crescent). 2 hours

THURSDAY 8th August

"Going West with a round of applause"

7-00 Starting from Playing fields car park on Ashmead Road Woodlands Estate (off Tyne Crescent). 2.25hrs

THURSDAY 15th August.

"The Two R's walk"

7-00 Starting from. Mowsbury Park Car Park. Kimbolton Road entrance. Between 90 and 120 minutes.

THURSDAY 22nd August.

"Last of the Summer Wine"

7-00 Starting from. Mowsbury Park Car Park Kimbolton Road entrance. Approx 90 minutes. This is the last of the summer evening walks for 2019 and hope you enjoyed them.

Coming up

Between 7th-15th September 9 days of walking opportunities to explore Bedfordshire during the Bedfordshire Walking Festival. See over for web site or pick up a programme (from July).

A mixture of urban and countryside walks some on surfaced paths others across fields and uneven surfaces. Most are stile free and between 90 -135 minutes duration, 4 to 5.5 miles. All walks are Free just turn up.

For more information contact Barry Ingram 01234 353704 email:walking@madasafish.com